



**REFORMED CHURCH UNIVERSITY**

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**FACULTY OF EDUCATION AND SOCIAL SCIENCES**

**Bachelor of Science Honors Degree in Social Work**

**COUNSELLING 1**

**HBSWN 221**

**Part 2 Semester 2 Examination**

**Total Marks [100]**

Date: December 2024

Time: 3 Hours

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**INSTRUCTIONS**

1. This paper has *five (5)* questions
2. Answer any *three (3)* questions
3. Each question carries *100 marks*
4. Start each question on a new page

1. Using practical examples, evaluate the utility of Felix Biestek's principles of social work in counselling. (100)
2. Demonstrate the usefulness of communication skills in counselling a depressed client. (100)
3. Examine the significance of any **four** (4) counselling goals and their significance in covid 19 situation. (100)
4. Discuss the three counsellor attributes advocated for by the client-focused approach by Carl Rogers. (100)
5. Counselling and psychotherapy are two different sides of a coin. Elaborate on this view. (100)

**END OF PAPER**