



**REFORMED CHURCH UNIVERSITY**

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**FACULTY OF EDUCATION AND SOCIAL SCIENCES  
BACHELOR OF EDUCATION (B. Ed) HONOURS DEGREE IN  
SPORTS SCIENCE**

**SOCIO-PSYCHOLOGY OF SPORT**

**HSPS 109**

**PART 1 SEMESTER 2 EXAMINATION**

**TOTAL MARKS [100]**

DATE: DECEMBER 2022

Time: 3 Hours

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**INSTRUCTIONS**

1. This paper has *five (5)* questions
2. Answer any *three (3)* questions
3. Each question carries *100 marks*
4. Start each question on a new page

1. Explain aggression in Physical Education and Sport and the factors influencing it. [100]
2. Discuss the influence of Sport on behaviour in the modern day society. [100]
3. Analyse the following behaviour change theories
  - a) Theory of Reasoned Action [50]
  - b) Trans-Theoretical Model [25]
  - c) Health Belief Model [25]
4. Comment on the impact of Covid-19 on attitude towards spectator sport. [100]
5. Describe the qualities of an effective sport leader. [25]

***End of Paper***