



**REFORMED CHURCH UNIVERSITY**

---

**FACULTY OF EDUCATION AND SOCIAL SCIENCES**

**BACHELOR OF EDUCATION HONOURS DEGREE IN  
EARLY CHILDHOOD DEVELOPMENT**

**HEALTH AND LIFE SKILLS IN ECD**

**HECD 118**

**PART 1 SEMESTER 2 EXAMINATION**

**TOTAL MARKS [100]**

DATE: December, 2024

Time: 3 Hours

---

**INSTRUCTIONS**

1. This paper has *five (5)* questions
2. Answer any *three (3)* questions
3. Each question carries *100 marks*
4. Start each question on a new page

1. Justify the inclusion of Health and Life Skills learning in the infant school.  
(100)
2. Citing examples, analyse the role of non-governmental organisations in equipping ECD learners with critical life skills in Zimbabwe. (100)
3. Discuss how the teaching and learning of Health and Life Skills at preschool level promotes children's self-concept. (100)
4. Assess suitability of any three strategies a caregiver can employ to promote self-awareness among 3-5 year olds. (100)
5. Evaluate the role of the society in promoting health and life skills development among young children. (100)

**END OF PAPER**